



Meet a Tree

A fun game to play with friends or family

You will need

All you need is a blindfold (a scarf or long football sock will do!) to share between two people.

How to play

- 1 One player wears the blindfold to start and the other leads them **very carefully** with their hands on their shoulders or holding hands, the long and confusing way, to a tree.
- 2 The blindfolded player must try to get to know the tree and all its shapes and features, by smell and touch.

Get to know your tree really well...

Can you feel any moss growing on the tree?

Does the bark feel bumpy, rough, smooth or flakey?

can you reach all the way round the



stretch way up high to feel for low branches

feel way down low for plants or roots

- 3 They are then led away and the blindfold is removed before they must try to find the same tree again.
- 4 Take it in turns and try to make it as hard as possible by spending time leading your partner round in circles, but do be careful to avoid nettles, brambles or holes in the ground.
- 5 Keep swapping over and try different types of tree to see which are the hardest and easiest.

