



Moors Valley Lake and Riverside Walk

Round waymarker posts with brown rings are positioned to follow the route clockwise around the lake.



Kingsmere Station

open 10.45am to 5.00pm



Disabled toilet



Ice creams and refreshments

Visitor Centre

open 9.00am to 5.00pm



Ambulant disabled and 'Changing Places' toilets



Information Point



Cycle Hire with mobility scooter and wheelchair hire



Restaurant

-  Road
-  Footpath
-  Boardwalk
-  Railway line
-  Cross fall
-  Gradients (arrows point downhill)
5-10% >10%
-  Gate
-  Bridge
-  Picnic area
-  Seat with backrest
-  Bench seat

Please call the Rangers if you are in need of assistance or if you have any suggestions or comments to make.

01425 470721



Play Areas

To Overflow Car Park

Facilities

Toilets at the Visitor Centre include a Changing Places standard toilet with tracking hoist system and height adjustable changing bed, an Ambulant Disabled toilet and large family cubicles can be found on the outside of the building. A RADAR key is required for the Changing Places standard toilet, please ask staff at the Information Point for a loan key if you do not have your own.

Additional accessible toilets can be found at Kingsmere Station.

A grassy picnic area with wheelchair accessible picnic benches can be found at the south of Moors Lake, Seasons Restaurant is inside the Visitor Centre and snacks are available from Kingsmere Station during railway opening hours. Ice creams are also available from Lakeside Station at weekends, school holidays and daily between June and August.

There are a number of resting points around the route, some in the form of benches and some are seats with a backrest. These are marked on the map overleaf.

There are no dog bins along this route.

Length

This circular route around Moors Lake is $\frac{3}{4}$ mile (1.2km). Brown waymarker posts are positioned to follow the route clockwise around the lake. However if you would like to avoid the rise and fall over the railway line we suggest you follow the route anticlockwise to the top of Moors Lake and return the same way.

Obstacles and Slopes

The path runs quite steeply up and down over the railway line between the Visitor Centre and the Lakeside Picnic Area (8-15% for 20 yards on the side nearest the Visitor Centre and 10-15% for 30 yards on the other). Manual wheelchair users and pushers and some ambulant mobility impaired might find these gradients difficult. A handrail is provided on one side.

The path at the level crossing has a slight cross fall of 5-7%.

There is a 2.5m wide straight 50m section of boardwalk on the east side of the Lake with a viewing bay halfway along. There are non-slip strips on one half of the surface which are not suitable for wheelchairs. Please be aware that the side without strips may be slippery when wet.

Surfaces

There is a good tarmac surface around the lake with gravel beneath the benches. Please note: this area is liable to flooding following periods of heavy rain.